

Appetizers

Chicken Wings: Hot and Spicy Buffalo wings served with celery sticks and ranch dressing.

Chicken Tenders: Fried Chicken Strips served with your choice of ranch, bleu cheese, bbq or honey mustard dressing.

Meatballs: Ground Beef hand rolled and mixed with onions, bell peppers, carrots, parsley, and your choice of teriyaki or bbq sauce.

Mozzarella Cheese Sticks: Coated with garlic butter breading, sprinkled with Parmesan cheese, and served with marinara sauce.

Jalapeno Poppers: Breaded and fried Jalapeno bites stuffed with a mixture of cheese and diced jalapenos.

Popcorn Shrimp: Breaded and fried baby shrimp bites.

Salads & Pasta

Spring Mix Salad: Variety greens topped with grape tomatoes, cucumber, and shredded carrots served with your choice of dressing.

Caesar Salad: Chopped Romaine Lettuce topped with croutons and parmesan cheese, served with Caesar Dressing.

Tabouli: Chopped parsley, tomatoes, cucumbers, and bulgur mixed with lemon juice and olive oil.

Greek Salad: Tomatoes, cucumbers, red onions, and feta cheese topped with lemon juice, thyme, and oregano.

Pesto Pasta: Rainbow Rotini Pasta, tomatoes, olives, and bell peppers mixed with our homemade pesto sauce.

Chicken Pesto Pasta: Fettuccine pasta, grilled chicken strips and bell peppers, mixed with our homemade pesto sauce, served cold.

Asian Sesame Chicken Salad: Green and red cabbage mixed with cilantro, chicken, and Asian Sesame dressing.

Tuna Pasta: Shell pasta, tuna, celery, and bell peppers mixed with our homemade mayonnaise.

Soups

Clam Chowder: Clam broth, diced clams, potatoes, and onions served with oyster crackers.

Chicken Vegetable: Chicken, onions, bell pepper, tomatoes, celery, carrots, and potatoes.

Lentil Vegetable: Brown lentils, onions, tomatoes, bell peppers, zucchini, and cilantro.

Green/Yellow Split Pea: Your choice of green or yellow peas mixed with onions and carrots.

Black Bean Chili with Beef: Black beans, ground beef, onions, tomatoes, bell pepper, kidney beans, and paprika spices. (Beef is optional.)

Beef Barley: Barley grains, ground beef, onions, celery, mushrooms, and carrots. (Beef is optional.)

Cold Sandwiches

(Cold cut sandwiches come with your choice of rye, white, wheat, or sourdough sliced bread.)

Sandwiches: Your choice of sliced turkey, ham, salami or tuna; served with lettuce, tomatoes, onions and pickles. (mayo, mustard, salt, and pepper packets on the side.) **Add avocado for additional charge.**

Breakfast

Morning Pastries: Cookies, donuts, bagels, muffins, and croissants.

Hard Boiled Eggs: Eggs boiled in water and served in their shells.

Scrambled Eggs: Scrambled eggs whites and egg yolks.

House Potatoes: Idaho Potatoes mixed with onions, parsley and topped with paprika spice.

Hash Browns: Grilled shredded potatoes.

Bacon: Cooked bacon strips.

Sausages: Cooked sausage pork links.

French Toast: Texas toast soaked in eggs, cinnamon and vanilla flavoring.

Pancakes: Buttermilk Pancake batter mixed with vanilla flavoring.

Fruits: Strawberries, blueberries, grapes, cantaloupe, honeydew and kiwi.

Lunch & Dinner

Rice: Steamed yellow turmeric rice mixed with green peas and carrots.

Baked Chicken: Baked chicken with your choice of BBQ, Teriyaki, Cajun or Lemon Pepper seasoning.

Chicken Florentine Stew: Chicken, onions, carrots, celery, bell peppers, and mushrooms topped with spinach.

Chicken Cacciatore Stew: Chicken, onions, black olives, mushrooms, and tomatoes.

Chicken or Tofu Curry Stew: Your choice of chicken or Tofu, curry, onions, celery, garbanzo beans, bell peppers, mushrooms, and cauliflower.

Beef & Broccoli Stew: Beef, broccoli, onions, carrots, and soy sauce.

Chicken Pesto Pasta: Fettuccini pasta, chicken, bell peppers, sundried tomatoes, topped with our homemade pesto sauce, served hot or cold.

Spaghetti: Spaghetti pasta, ground beef, and tomato sauce. (Beef or Chicken is optional.)

Mac & Cheese: Macaroni pasta mixed with shredded cheddar and jack cheese.

Steamed Vegetables: Steamed broccoli, carrots, zucchini, yellow squash, and cauliflower, topped with in house seasoning.

Assorted Meat & Cheese Sandwich Tray: Cold cut meats, sliced cheese, tomatoes, onions, lettuce and pickles. (mayo, mustard, salt, and pepper packets on the side.)

Beverage

Water

Fruit Punch

Lemonade

Iced Tea: Choice of sweetened/unsweetened.

Hot Tea: Assorted tea flavors.

Coffee: Choice of regular/decaf.

Assorted Sodas: Choice of can/bottle sodas.

Juice: Choice of orange, cranberry, apple, and grapefruit.

(All items are served as buffet style except for cold cut sandwiches.)