

## **Appetizers**

**Chicken Wings:** Hot and Spicy Buffalo wings served with celery sticks and ranch dressing.

**Chicken Tenders:** Fried Chicken Strips served with your choice of ranch, bleu cheese, bbq or honey mustard dressing.

**Meatballs:** Ground Beef hand rolled and mixed with onions, bell peppers, carrots, parsley, and your choice of teriyaki or bbq sauce.

**Mozzarella Cheese Sticks:** Coated with garlic butter breading, sprinkled with Parmesan cheese, and served with marinara sauce.

**Jalapeno Poppers:** Breaded and fried Jalapeno bites stuffed with a mixture of cheese and diced jalapenos.

**Popcorn Shrimp:** Breaded and fried baby shrimp bites.

## **Salads & Pasta**

**Spring Mix Salad:** Variety greens topped with grape tomatoes, cucumber, and shredded carrots served with your choice of dressing.

**Caesar Salad:** Chopped Romaine Lettuce topped with croutons and parmesan cheese, served with Caesar Dressing.

**Tabouli:** Chopped parsley, tomatoes, cucumbers, and bulgur mixed with lemon juice and olive oil.

**Greek Salad:** Tomatoes, cucumbers, red onions, and feta cheese topped with lemon juice, thyme, and oregano.

**Pesto Pasta:** Rainbow Rotini Pasta, tomatoes, olives, and bell peppers mixed with our homemade pesto sauce.

**Chicken Pesto Pasta:** Fettuccine pasta, grilled chicken strips and bell peppers, mixed with our homemade pesto sauce, served cold.

**Asian Sesame Chicken Salad:** Green and red cabbage mixed with cilantro, chicken, and Asian Sesame dressing.

**Tuna Pasta:** Shell pasta, tuna, celery, and bell peppers mixed with our homemade mayonnaise.

## **Soups**

**Clam Chowder:** Clam broth, diced clams, potatoes, and onions served with oyster crackers.

**Chicken Vegetable:** Chicken, onions, bell pepper, tomatoes, celery, carrots, and potatoes.

**Lentil Vegetable:** Brown lentils, onions, tomatoes, bell peppers, zucchini, and cilantro.

**Green/Yellow Split Pea:** Your choice of green or yellow peas mixed with onions and carrots.

**Black Bean Chili with Beef:** Black beans, ground beef, onions, tomatoes, bell pepper, kidney beans, and paprika spices. (Beef is optional.)

**Beef Barley:** Barley grains, ground beef, onions, celery, mushrooms, and carrots. (Beef is optional.)

## **Cold Sandwiches**

(Cold cut sandwiches come with your choice of rye, white, wheat, or sourdough sliced bread.)

**Sandwiches:** Your choice of sliced turkey, ham, salami or tuna; served with lettuce, tomatoes, onions and pickles. (mayo, mustard, salt, and pepper packets on the side.) **Add avocado for additional charge.**

## **Breakfast**

**Morning Pastries:** Cookies, donuts, bagels, muffins, and croissants.

**Hard Boiled Eggs:** Eggs boiled in water and served in their shells.

**Scrambled Eggs:** Scrambled eggs whites and egg yolks.

**House Potatoes:** Idaho Potatoes mixed with onions, parsley and topped with paprika spice.

**Hash Browns:** Grilled shredded potatoes.

**Bacon:** Cooked bacon strips.

**Sausages:** Cooked sausage pork links.

**French Toast:** Texas toast soaked in eggs, cinnamon and vanilla flavoring.

**Pancakes:** Buttermilk Pancake batter mixed with vanilla flavoring.

**Fruits:** Strawberries, blueberries, grapes, cantaloupe, honeydew and kiwi.

## **Lunch & Dinner**

**Rice:** Steamed yellow turmeric rice mixed with green peas and carrots.

**Baked Chicken:** Baked chicken with your choice of BBQ, Teriyaki, Cajun or Lemon Pepper seasoning.

**Chicken Florentine Stew:** Chicken, onions, carrots, celery, bell peppers, and mushrooms topped with spinach.

**Chicken Cacciatore Stew:** Chicken, onions, black olives, mushrooms, and tomatoes.

**Chicken or Tofu Curry Stew:** Your choice of chicken or Tofu, curry, onions, celery, garbanzo beans, bell peppers, mushrooms, and cauliflower.

**Beef & Broccoli Stew:** Beef, broccoli, onions, carrots, and soy sauce.

**Chicken Pesto Pasta:** Fettuccini pasta, chicken, bell peppers, sundried tomatoes, topped with our homemade pesto sauce, served hot or cold.

**Spaghetti:** Spaghetti pasta, ground beef, and tomato sauce. (Beef or Chicken is optional.)

**Mac & Cheese:** Macaroni pasta mixed with shredded cheddar and jack cheese.

**Steamed Vegetables:** Steamed broccoli, carrots, zucchini, yellow squash, and cauliflower, topped with in house seasoning.

**Assorted Meat & Cheese Sandwich Tray:** Cold cut meats, sliced cheese, tomatoes, onions, lettuce and pickles. (mayo, mustard, salt, and pepper packets on the side.)

## **Beverage**

**Water**

**Fruit Punch**

**Lemonade**

**Iced Tea:** Choice of sweetened/unsweetened.

**Hot Tea:** Assorted tea flavors.

**Coffee:** Choice of regular/decaf.

**Assorted Sodas:** Choice of can/bottle sodas.

**Juice:** Choice of orange, cranberry, apple, and grapefruit.

*(All items are served as buffet style except for cold cut sandwiches.)*